

Pre/Postnatal April 2024 Webinars/Workshops

In-person Programs or Zoom Webinars (please email to maria.santosfindlay@tngcs.org for zoom link)

Monday	Tuesday	Wednesday	Thursday
<p>1 Easter <i>Holiday</i></p>	<p>2 East York Webinar <i>Low back pain and incontinence</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Program closed</i> 1:30 PM - 3:30 PM</p>	<p>3 Davenport In-Person 1884 Davenport Road <i>When Labour Comes Early</i> 10:30 AM – 1:00 PM</p>	<p>4 St. Jamestown In-Person 200 Wellesley Street East <i>Foods to avoid during Pregnancy</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Gentle Yoga</i> 1:30 PM - 3:30 PM</p>
<p>8 East York In-Person 3079 Danforth Road <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p>	<p>9 East York Webinar <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Eating Healthy</i> 1:30 PM - 3:30 PM</p>	<p>10 Davenport In-Person 1884 Davenport Road <i>Recreational Programs and Welcome Policy</i> 10:30 AM – 1:00 PM</p>	<p>11 St. Jamestown In-Person 200 Wellesley Street East <i>Attachment</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Symptoms & Nutrition</i> 1:30 PM - 3:30 PM</p>
<p>15 East York In-Person 3079 Danforth Road <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p>	<p>16 East York Webinar <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Baby's Documents</i> 1:30 PM - 3:30 PM</p>	<p>17 Davenport In-Person 1884 Davenport Road <i>Parent & Baby Yoga</i> 10:30 AM – 1:00 PM</p>	<p>18 St. Jamestown In-Person 200 Wellesley Street East <i>Recreational Programs and Welcome Policy</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Gestational Diabetes</i> 1:30 PM - 3:30 PM</p>
<p>22 East York In-Person 3079 Danforth Road <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p>	<p>23 East York Webinar <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Infant Feeding</i> 1:30 PM - 3:30 PM</p>	<p>24 Davenport In-Person 1884 Davenport Road <i>Baby Food Basics</i> 10:30 AM – 1:00 PM</p>	<p>25 St. Jamestown In-Person 200 Wellesley Street East <i>Healthy Snacks</i> 1:00-3:00</p> <p>Parkdale Queen West Webinar <i>Low Back Pain & Incontinence</i> 1:30 PM - 3:30 PM</p>
<p>29 East York In-Person 3079 Danforth Road <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p>	<p>30 East York Webinar <i>Topic to be confirmed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>HealthCare</i> 1:30 PM - 3:30 PM</p>		<p style="background-color: #90EE90; padding: 2px;">Ukrainian Group (online)</p> <p>April 23, Family/Social Benefits (11am-12:30pm)</p> <p>Please email Yvonne.Tang@tngcs.org for topic, registration and zoom link</p>