



Family Fun Fitness Group

**Fitness and
relaxation to keep
you and your
family healthy**



Dates: Thursdays

July 11, 18 & 25, Aug 1 (4 sessions)

Time: 10 – 11am

Location: 91 Bellevue Ave, Toronto M5T 2N8

Registration: Nancy.Sun@tngcs.org

416-925-2103 ext 2256