

2021-2022
Impact Report

## Our Mission

The Neighbourhood Group works with people at every stage of their lives, providing access to innovative and effective programs, and collaboratively building and advocating for an equitable, just, and vibrant community.

## Leadership Report

## Changing Lives

## It is said that the true test of a society is how it treats its most vulnerable members.

Reading the compelling stories in our Impact Report reminds us of this, and how we have all been tested by the pandemic - as individuals, as an organization, as a city and as a nation. We are so proud of how The Neighbourhood Group Community Services stepped forward during the pandemic to help our most vulnerable neighbours - from the seniors living in our supportive housing, to the children in our childcare centres, to the people who are homeless and experiencing COVID-19 in our recovery centre - we jumped in with our hearts and hands.

On behalf of a grateful Board of Directors, we thank our incredible, dedicated staff, volunteers and peer leaders, our generous donors and funders, and our neighbours who made a stronger community possible.

As well as providing essential services, we also raised our voices together and made advocacy progress on homecare, childcare, affordable housing, racism and community safety. We strive to confront poverty and injustice with caring services, and with better laws and policies.

We hope you will be inspired by the life-changing stories in this Report, and are glad to be able to welcome you back in our spaces to see this vital work for yourselves. Please join us!


Bill Sinclair
President and Chief
Executive Officer


Samira Viswanathan
Co-Chair
Board of Directors


Sonia Yung Co-Chair Board of Directors

## Services and Programs

In 2021-2022, The Neighbourhood Group Community Services' in-person and online programs helped 42,517 vulnerable people in priority Toronto neighbourhoods, regardless of the challenges brought on by the pandemic.

## Childcare

10 provincially-licensed childcare centres provided safe and enriching childcare for up to 1,025 children, ages newborn to 12 years. Centres include:

- Bellevue Ave.
- Canoe Landing Centre
- Harbourfront Centre
- King Edward Public School
- Lord Lansdowne Public School
- Ontario St.
- Our Lady of Lourdes Catholic School
- Waterfront Public School
- Winchester Public School
- Yonge \& Sheppard Centre


## Children \& Youth Services

Drop-in, academic and employment support, mental health, arts, recreational, mentorship, advocacy and justice programs helped 1,879 children and youth transition through the teen years. Programs include:

- After-School Programs
- Extra Judicial Sanctions/Measures
- Game Changers

Restorative Justice

- Integrated Model of Care
- Kensington Art Academy
- Kick Start
- Kidz Klub
- MOTIV8
- Newcomer Youth Drop-in
- Peer Helpline
- Steps2Success
- Summer Camps
- Youth Arcade Studio
- Youth Awoken
- Youth Outreach Workers
- Youth Recreation \& Leadership
- Weekend Youth Club


## Community Development

Working alongside community members to address issues and build better neighbourhoods helped 2,166 people through advocacy, education and support. Programs include:

- Community Dinners
- Community Gardens
- Community Development \& Social Action
- Easy-Access Voicemail
- Financial Advocacy and Literacy
- Neighbourhood Pods Mutual Aid
- Teesdale Food Bank


## Conflict Resolution \& Training

Community and workplace mediation, conflict management, public workshops, consulting and training helped 2,230 people resolve conflicts, and prevent future disputes from escalating. Programs include:

- Community Mediation
- Workplace Mediation and Training
- Mediation \& Conflict Resolution Training


## Employment Services

Programs, workshops, training, resource centres, individual counselling and job development helped 4,540 job seekers prepare for and find employment with specialized programs for newcomers, at-risk youth, and people with mental health issues. Programs include:

- Better Jobs Ontario
- Carry On
- Connections
- Enhanced Services
- Employer Services
- Homecare Connect
- Moving Forward
- New Knowledge, New Steps
- Opportunity Knocks
- Youth Job Connection
- Youth Works


## Housing \& Housing Development

Supportive housing, eviction prevention, case management and wraparound services helped 565 people maintain their independence.
Locations include:

- Art Manuel House
- Cecelia Murphy Building
- Community Link House
- Dovercourt Place
- Jean Dudley House
- L.L. Odette Place
- Macey Place
- Norm Houghton Complex
- O'Connor House


## Independent Living \& Seniors

Personal Support Workers, nutritious food, recreational services and general assistance helped 10,292 seniors and adults living with physical and/ or mental challenges live independently and with dignity. Programs include:

- Adult Day Services
- Cantonese, Korean and Mandarin Programs
- Case Management
- Congregate Dining
- Friendly Visiting
- High-Intensity Support In The Home
- Home at Last
- In-Home Services and Personal Support Workers
- Meals on Wheels
- Respite Care
- Seniors Active Living Centres
- Stroke Survivors
- Transportation and Toronto RIDE


## Newcomer Services

English classes, workshops and settlement support helped
2,807 newcomers successfully adapt to new life in Canada. Programs include:

- Beginners Computer Skills Program
- English Conversation Circles
- Healthy Lifestyle Workshops
- LINC \& ESL English Classes
- Perinatal Settlement Support Services
- Rainbow Connect
- Women's Program


## Trustee Hub

Mentoring, financial and administrative assistance helped 62 community groups fulfill their mandates to improve social and economic justice.
Some Trustee groups include:

- Bike Brigade
- Black Women in Motion
- Inspirations Studio
- Plantsquare
- Sister Code
- Youth Gravity


## Urban Health \& Homelessness Services

Holistic case management, harm reduction and poverty reduction services improved the mental and physical health of 16,534 people who are living below the poverty line, including people who are homeless or marginally-housed, and those who have mental health and substance use issues. Programs include:

- Clinical Care and Case Management Services
- Corner Drop-in
- COVID-19 Isolation and Recovery Site
- Employment Program
- Eviction Prevention
- Harm Reduction Services
- Here to Help (H2H) Mobile Team
- HIV \& AIDS Prevention
- Kensington Market Overdose Prevention Site
- Partners for Access and Identification (PAID)
- Peer Training and Development
- Safe Seniors Supportive Housing
- SafeSpot
- Street Survivors
- Toronto Community Addiction Team (TCAT)
- Voluntary Trustee Program
- Vulnerable Seniors Housing Support


## Supportive Housing - Tango's Pet Health and Emergency Fund

## My beautiful girl

By supporting essential pet care, Tango's Pet Health and Emergency Fund improves isolated seniors' mental and physical health

For people living near the poverty line, the choice between food, medicine and pet care can be difficult. For lonely seniors without family, the choice is agonizing. Thanks to our Board of Directors Co-Chair, Sonia Yung, they don't need to choose.

Tango's Pet Health and Emergency Fund helps isolated seniors in our supportive housing care for their beloved dogs, cats and other pets by paying for veterinary exams, medication, vaccinations, pet licences, and end-of-life care. Donna truly appreciates the support that saved her dog's life.
"Last summer, I noticed one of my dogs, Freckels, had a cough. The vet said she had an oversized heart which was causing problems with some of her other organs. I'm retired and on a fixed income so I was worried about the cost of treatment. Freckels and my other dog, Yogi, are my family. I love them to pieces and would do anything for them. Thanks to the Pet Fund, I could pay for the medication and tests which helps my beautiful girl live a normal life.
"Freckels is so happy on her daily walks and playing with Yogi. The kindness and thoughtfulness of the Pet Fund donor, Sonya Yung, made me rethink my will to include a donation for the Pet Fund. My pets and I are ever so thankful for what you have done and are doing!" depression through care of their pets through Tango's Pet Health and Emergency Fund


## Childcare

## Truly meant to be

## Khai's development grew in leaps and bounds thanks to Early Childhood Educators at the Canoe Landing Child Care Centre

When Kim's family moved to Toronto from Montreal, they had no extended family or outside help to lend a hand. "We put Khai into his first child care when he was one. But when he turned three, he still wasn't talking. We knew Khai needed extra support with diverse and qualified staff. The child care at Canoe Landing was just that. We enrolled and never looked back.
"Staff were very insightful from the start. They helped us navigate the special needs program and put us in touch with the preschool's Resource Consultant Specialist. Together, they created an amazing support program for Khai to reinforce his strengths and improve his communication and social skills, as well as his self-regulation.


> 1,000+ children thrive with early childhood education and play-based learning at our ten provincially-licensed child care centres
"The staff embraced Khai's diversity while fostering inclusivity. It's a true testament that a loving, accepting and dedicated child care culture makes all the difference!
"Whether it's playing with the Hot Wheels cars or joining the group activities like What Time is it Mr. Wolf?, Khai is always happy to be at Canoe Landing because of his gracious teachers and friends there. We cannot thank the child care team enough for accommodating Khai with a safe haven where he can flourish and become who he's truly meant to be!"


## Steps2Success

## Steps to success

Students in Steps2Success gain academic credits and self-care tools needed to graduate high school

For many young people in our communities, the dangers of violence, drugs and poverty makes graduating from high school a pipe dream. Steps2Success changes that.

As part of the TDSB's Education and Community Partnership Program, Steps2Success is offered in a safe, inclusive space outside of school where students are comfortable and empowered to learn.

Students are reintegrated into a learning environment to gain their high school credits while receiving holistic care for trauma, mental health, harm reduction, and self-care.

With a dedicated TDSB teacher who specializes in guidance and special education, and a youth worker from The Neighbourhood Group Community Services, young people benefit from compassion, enthusiasm, expertise, and experience.

$100 \%$ of students enrolled in Steps2Success earned high school credits to help them graduate
"As a classroom teacher for over 10+years now I can say that having TNGCS staff in my class has been fantastic. They have a real "gift" in being able to connect, relate and build a rapport with students. They are patient, kind and encouraging which helps to create a trusting and safe environment where
 students can thrive and reach their academic goals."

- Michael Gibson, OCT, Special Education Teacher, Toronto District School Board


## Supportive Housing

## Existing, not living

## Dan's health improved dramatically after moving into our Cecelia Murphy supportive housing for seniors

"I've lived many tragic lives. Before I was ten, I was in thirty-two homes and never spoke the words, 'mom' or 'dad'. Foster care, jails, pain, sorrow and addiction were my childhood friends. My playgrounds were the streets. By the age of twelve, I was on my own for good. That was fifty years ago. Hard years.
"Early in the summer of 2021, I was sharing a ten-by-ten room for $\$ 1200$ per month, or in the hospital. I was diagnosed with squamous cell carcinoma and leukemia and my doctors gave me less than two years to live. I was in a dark, dark place. I got in touch with The Neighbourhood Group to find supportive housing. Ashley, the housing worker, was a living angel and treated my case with the highest respect and caring. I lucked out and obtained my apartment here in only 21 days.
"Living here changed my life. It's a community, not just an apartment building. Everyone is friendly and easy to get along with. The best part is the staff. You can tell they like their jobs. They are all so pleasant and always there if you need help. One day my air conditioning broke down. In two hours, staff were there with a new unit. And because it's supportive housing, I even have money now for some extra groceries.
"I've gone from severe depression to being cheerful. Being happy led to my physical health improving tremendously. I'm now in remission and my doctors are amazed at the changes. Although I still have other medical issues, I don't even need one of The Neighbourhood Group's Personal Support Workers any more. I'm feeling fantastic mentally and physically. Last year I couldn't walk a block. Today, I walk my dogs at least ten kilometres a day.

[^0]> 434 residents improve their independence and physical and mental health through our supportive housing and wrap around support


## Peer Youth Helpline

## Helping youth one call at a time

## The Peer Youth Helpline helps young people cope with anxiety and stress

One of the biggest impacts of COVID-19 has been on people's mental health. The isolation people felt being separated from friends and family has had a lasting effect, particularly on youth. To alleviate the loneliness, we created the Peer Youth Helpline.

Staffed by peers, the non-crisis Helpline gives young people the opportunity to reach out and talk about what matters to them. Whether they are anxious, afraid or just need to connect, callers ease their stress by talking with peer youth and know that they are not alone. As one of the peers, Cassandra spoke to many young people who were having a difficult time with changes brought about by the pandemic.
"I am very honoured to be part of the Helpline team. It helped me really understand how important it is to be a support system for so many young people. Here's an example: There was a young girl I met and I suggested she call the Helpline when she's feeling down. She recently lost her grandfather and wanted to chat. At the end of the call, she told me,'I really needed someone to talk to about how I was feeling. Thank you and the other peer workers that are willing to listen to me."



## Refugee Sponsorship Mediation

## Refuge from conflict

Refugee sponsorship groups gain much-needed support to resolve and prevent conflicts that hinder the sponsorship process

Vietnam. Kosovo. Syria. Ukraine. The number of people fleeing persecution, starvation and war has never been greater. With that demand comes increased administration, red tape, delay, and inevitably, conflict. To support refugees and sponsorship groups, we introduced a series of dedicated workshops, coaching and mediation services designed to improve the transition to the new life in Canada.

Funded by Immigration, Refugees and Citizenship Canada, this national program helps sponsorship groups and gives them the skills to manage difficult issues, decisions and conflicts that can undermine the work and lead to the breakdown and failure of sponsorship. Sharon and Helen, from the Roman Catholic Archdiocese of Grouard-McLennan, learned this first-hand.


## 500 refugees and sponsors

 will improve their ability to manage the sponsorship process and successfully adjust to life in Canada"We heard about The Neighbourhood Group's refugee sponsorship services through the Sponsorship Agreement Holder Association. Because we live in Grande-Prairie, Alberta, we signed up for the Zoom workshops right away. Whether it was learning to recognize our own communication blockers, applying active listening or gaining awareness of cultural considerations and power imbalances, we gained the tools we need to deal with conflicts and difficult situations in the sponsorship process.
"We now realize that conflict is part of life and is actually an opportunity for growth when it is resolved."

## Organizational Trustee Services

## A hub of activity

## Small grassroots groups gain mentorship, and administrative and financial expertise through the Trustee Hub

Created to address the growing need for support of innovative community initiatives, the Trustee Hub helps unincorporated grassroots groups by leveraging The Neighbourhood Group Community Services' financial, fundraising and administrative resources. Our experience and expertise improves the groups' capacity to tackle the unique issues they face and further their missions. Many of these trusteed organizations support underserved populations
in our communities, including youth, BIPOC (black, indigenous and people of colour) and women.

By acting as a trustee for grassroots groups like Afghan Youth Engagement and Development Initiative, Black Women in Motion, ENAGB Youth Program, Inspirations Studio, Mommy Monitor, Rainbow West, SoundCheck Youth Arts Inc. and Wanasah, The Neighbourhood Group fulfills its own mission to improve the lives of the people in our communities, and the communities themselves.


62 grassroots groups
gained financial and organizational expertise to better serve local communities in 2021-2022
"The Trustee Hub's commitment to provide individualized support for grassroots community groups like ours who are low-resourced and require dedicated assistance to build infrastructure and respond to the needs of our community has been nothing short of outstanding. The Hub is present, supportive, active, and genuinely cares about our group's success."

## - Khalidha Nasiri, Executive Director, Afghan Youth Engagement and Development Initiative

## Peer Harm Reduction Outreach

## "Thank you for saving my life"

Outreach workers like Debra encourage harm reduction practices among shelter and encampment residents

Ten deaths a week. That's the number of opioid overdose deaths in Toronto in 2021, a staggering $274 \%$ increase since 2015. Tackling the opioid crisis starts with harm reduction.

Employing a supportive, non-judgemental approach, harm reduction seeks to reduce the negative consequences of substance use, and improve the health and safety of people who use. To encourage harm reduction practices, peers with lived experience like Debra went into shelters and encampments looking to first build a sense of trust.
"I was an addict and felt I would never climb out of the dark hole I found myself in. After getting to know staff at The Neighbourhood Group, they suggested I use my own lived experience to reach out to other people.
"The goal was to build a rapport before I could even get to safer use. We started with simple things like snacks because people were hungry. We did things like movie nights and arts and crafts therapy. These activities helped people open up and I could refer them to services they need like PAID (our identification program), or the services at our Corner Drop-in and Kensington Market Overdose Prevention Site. We give them love so they can love themselves.
"My role as an Outreach Worker has changed my life too. When I hear someone call me and say "Thank you for saving my life", it makes my day. I now embrace my old life in a much more positive way as it's shaped me into the woman I am today."

2,200 people in shelters and encampments improved their health and well-being through the trust built by Harm Reduction Outreach Workers



## Newcomer Services

## A little bit easier

## Tsion's settlement worker helped her adapt to life in Canada

Before moving to Canada, Tsion was devastated. Her parents passed away and living with her sister caused an unmanageable financial burden and strain. Tsion made the difficult decision to immigrate with the hope of finding a new beginning and better future for herself.

Even after immigrating, Tsion struggled. She and her new husband were on Ontario Works and could only find sporadic low-paying jobs. She agonized over whether to pay for rent, essentials for her new baby, or food.

What truly helped Tsion turn the corner is the day she attended her first perinatal webinar. She learned about staying healthy during pregnancy and met women in the same situation. That bond encouraged Tsion and gave her desperately-needed support. As she spoke with our settlement workers, Tsion was able to access critical community resources.
"We live in a small apartment and everyone in the building smokes. I developed asthma and felt quite sick. My settlement worker helped me find a new home, and gave me information about the free Personal Support Worker training. She also helped me with donations for a stroller and other baby things, and helped me see a dentist for free.
"Everything she does makes my life a little bit easier. I really appreciate the special attention she gives and I know I can contact her any time I need help."settlement services and perinatal support



## \#ReThinking Policing

## ReThink

Encouraging community support for alternatives to policing was the heart of the ReThink Policing campaign

Overpolicing of people facing barriers happens far too often in Toronto:

- Black and Indigenous people are up to six times more likely to be carded, four times as likely to be charged and 20 times as likely to be killed by police.
- People who are homeless interact with police ten times more than the average person and receive up to 16,000 tickets per year - most of which are never paid.
- Youth are three times as likely to be stopped in street checks and four times as likely to be searched.
- People having mental health crises make up $3 \%$ of police interventions but account for $11 \%$ of all uses of force and $40 \%$ of all taser use.

The need for change is evident. It's time to ReThink Policing.


1: The first non-police response team in Toronto to help people in a mental health crisis started in March 2022

Together with Toronto Neighbourhood Centres and other agency partners, a grassroots campaign led by our Board of Directors' Advocacy Committee started spreading the word in July 2021: Police reform events included city councillors, community agencies, and organizations focused on advocacy, research and education; deputations were made to City Council and the Police Board; social media shared facts, videos, stories and messages for councillors; and media started telling the tale.

In March 2022, the pilot project with civilian-led mental health crisis response teams began. The next step? To continue police reform for the 21 st century challenges faced by the city's most vulnerable people.

## Connections

## Finding her dream job

## Carla found work in Canada after completing the Connections employment program

Arriving in Canada as a refugee from Mexico, Carla faced many barriers. But her biggest challenge was finding work in her new country, especially during COVID-19. Our Connections employment program supports people just like her.

Developed for newcomers who are receiving social assistance, Connections gives people the knowledge, training, and paid co-op placement needed to gain essential Canadian work experience. For Carla, her time in Connections not only improved her ability to find work, it taught her about work/life balance, communication techniques and emotional intelligence, and gave her certification in Customer Service Excellence. Together with the ongoing support of


## 81\% of all Connections

 graduates found work or furthered their education in their chosen fieldConnections staff, and her degree in nutrition and Personal Training Certificate, Carla was ready to find her dream job.
"As a newcomer to Canada it was very helpful to learn the things I did in Connections, like how to improve my resume and prepare for a job interview. I practiced my PowerPoint and public speaking skills. Everything I learned taught me about the Canadian workforce. It helped me get a job at Goodlife Fitness as a personal trainer, which I love. I'm very thankful to The Neighbourhood Group Community Services for that!"

## Personal Support Workers

## Care and companionship

## Ashley relies on her Personal Support worker for more than just chores

Losing the ability to take care of yourself is one of the most distressing things for people who are physically or mentally impaired. Personal Support Workers (PSWs) change that. They help people live independently, not only through personal care but also through referrals to other support services and even helping prevent evictions. For people like Ashley, the personal care is essential.
"I have difficulty doing things around my home and it gets worse when depression comes on. A little over a year ago, I was going through a very difficult time. My case manager at the Toronto Community Addiction Team referred me to the PSW program at The Neighbourhood Group and I'm in a better place now because of it.
"When my PSW comes in, he doesn't just help me with chores like cleaning, organizing my art books or any other physical thing. We talk and laugh all the time. He's kind and respectful, and makes me smile when I'm sad. I'm so thankful for that. I don't know how I would've made it without his help."

> 240,000 hours of personal support work in 2021-2022 helped people live independently and with dignity



# Donor Roster 2021-22 Thank you for your generosity! 

As visionary donors, partners and funders, you bring opportunity and possibility to life. During the pandemic, your gifts were life-altering for thousands of vulnerable people across Toronto.

We are proud to be a United Way Greater Toronto Anchor Agency! Thank you to all our staff and supporters who donate to United Way Greater Toronto. We are also grateful to the many businesses and non-profits we work with annually through job and community service placements and joint initiatives.

## Excellent Neighbours: <br> \$50,000-\$100,000

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Kathryn Whitfield
Helga Karin Williams
Shantelle Williams
Jamie Williamson
Janine Willie
Phillip Willis
Dawn Wilson
Debbie Wilson
Yvonne Winchur
Crawford Winter
Barbara Witney
Bing Fu Wo
Steven Wolfe
Melanie Wolicki
Edward Wong
Fiona Wong
Florence Wong
Isabella Wong
Joanna Wong
Lily Wong
Mary Wong
Nancy Wong
Sandy Wong

Margaret Wood
Erica Woods
Aston Wright
Debby Wright
Lan Zhen Wu
Lisan Wu
Maggie Wu
Mr. Wu
Qiong Yu Wu
Shun Yi Wu
Taidy Wu
Xiu Fang Xia
Judy Yam
Chao Chen Yang
You Juan Yang
Yu Jie Yang
Ransome Yau
Howard Yeung
Shuk \& Yee Yick
Aili Yin
Juliette Yip
Jojo Yiu
Katherine Young
Bi Rui Yu
Kam Hung Yu
Stella Yu
Xiu Chuang Yu
Mary Yuzwin
Leonora Zefi
Mei Jin Zeng
Liz Zetlin
Qin Fang Zhang
Yin Hung Anita So Zhang
Xiao Ying Zheng
Shu Fang Zhong
Kitty Zhou
Shu Zhi Zhou
Vicki Ziegler
Rochelle Zorzi
‘Neighbours Helping Neighbours' Monthly Giving Club
Nicholette Agnew-Ogg
Maureen Armstrong
Christopher M. Bailey
Alphonse Barikage
Andrea Barrack
Daniel \& Tamara
Bernstein \& Jordan
Cynthia Bliss
William Bradley
Albert Brule
Douglas Campbell
Margaret Carter
Yvonne Chan
Erika Chandler
Katherine Chau
Dorothy Cook
David Crawford
Don Darroch
Amber Daugherty
Diane Davy
G. Dekenga

Celia Denov
Madeleine Desjardins
Wendy L. Dicker
Anna Dodd
Stephanie Donalds
Craig Donovan
Annette Dreidger
Andrea Dufour
Diane Dyson
Zahra Ebrahim
Tom Edwards
Dorothy Ellis
Sheri Ellis
Norman Ettinger
Elisabeth Evans

Lorie Fairburn
Barbara Fischer
Marc Francoeur
Francine Freeman
Whitney French
Laina Gibson
Christopher Gilbert
Norman Gillanders
Marie Glass
Shirley Goldenberg
Charles B. Gordon
Robert Gore
Ann Graham
Manuel \& Lucila Granados
Diane Granfield
Tim Grant
Nicole Greenspan
Louise Guillemette
David Guttman
Elizabeth Hanson
Rachel Harding
Kegan Harris
Dylan Harte
Kathryn L. Hawke
Asha Heasman
Geoff Horton
Irene Hunter
Sarah Hurrle
Russell Janzen
Donna Jones
Carol Kahar
Kersti Kahar
Dina Kamal
Jill Kelsall
Patricia Kishino
Patrick Lacroix
Karen Laurence
Victoria Lee
Will Leipciger
Rebecca Lock

Veronica MacDonald
Janani Mahendran
Mary E. Mahoney
Ian Mallov
Marguerite Manshreck-Head
Valerie March
Emily Martin
Karen Marzocco
Alison Matthews David
Michelle Mawhinney
Caeli Mazara
Pauline Mazumdar
Ian D. McCombe
Sophie McCormack
Mary McGowan
Kathleen McMorrow
Barbara Mellman
Andrew Milne-Allan
Lidia Monaco
James Morrison
Eleanor C. Munson
Sarah Murdoch
Pierre Nadeau
James Devlan Nicholson
Laura Norris
Peter Nurse
Margaret Oldfield
Helen Orr
Thiago M. Oshida
Frank Pagliarello
Suchana Pandey
Hitesh \& Kimberley A. Patel
Eunice Paul
Maria Podorojansky
Krizsia Praznik
Andrew Pruss
Jennifer Rae
Kelly Read
Patrick Riesterer
Kathleen Riggs

Wendy Rothwell
Reid D. Rusonik
Dominique Russell
Debra Scanlon
Kathleen Scardellato
Kathleen Schneider
Bill Sinclair
Joan Sinclair
Julia Song
Yuko Sorano
Vasu Srinivasan
Shannon Stanojevic
Adam Starkman
Karen Stephenson
Jody Swindells
Doris Tang
Leighton Taylor
Gloria Jean Thomas
Carol A. Thompson
Gay Thomson
Aline Tso
Ann Turner
Matthew Valic
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Marilyn Vasilevich
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Kenneth Walley
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Donald A. Watson
Janet Winhall
Kathryn Woods
Rhona Zitney
In-Kind Supporters
2 Anonymous
Afterglow Studio
Arlene Pearly-Rae
Arnie Guha
Beach Yoga Centre
Big Stretch Yoga
Bill Sinclair \& Brent Lawson
Bondi Produce
Catchoo
Catholic Women's League
Charles Pachter
Charmed Aroma
Children's Book Bank
Chum Charitable
Foundation
Church of St. Bede

| City of Toronto | New Mom Project |
| :--- | :--- |
| City of Toronto Long - | Organic Garage |
| Term Care Homes | Peter Anthony Salon |
| \& Services | Project FoodChain |
| Community Centre 55 | PUR yoga |
| Conflict Resolution Training | Ruth S. Nadeau |
| Daily Bread Food Bank | Scholars Education Centre |
| Dickie's Cooking School | Second Harvest Food Rescue |
| Elly Nguyen | Shannon Stanojevic |
| Foodland | Shaw Festival |
| Free Spirit Tours | SoltGoes Yoga by Gwen |
| Gadabout | Spring Lakes Golf Club |
| Georgian Hills Vineyards | St. Jamestown Steak |
| Grey Wolf Animal Health Inc. | \& Chops |
| House of Spice | The Agency of Healers |
| Image on Promotional | The Big Carrot |
| Jane \& Oliver Lennox-King | The Butcher Guys/No Bull |
| Levi Cooperman | Burgers |
| London Manori | The Epicure Shop |
| Luminosity Gaming | The Purple Goddess |
| McManus and Campbell | The Sweet Potato |
| Megan Ellison | The Ten Spot Beaches |
| Moorelands Kids | The Warmth Initiative |
| Musical Performance | Tom's Place |
| Trust Fund | Wendy Marsh |
| Needlework Guild | Yanny Chi Yan Lee |

We apologize for any errors or omissions in our Donor Roster and respect the wishes of donors requesting anonymity. Please direct any inquiries to $416.691 .7407 \times 246$.

# Thank you to all of our donors. 

## Board of Directors

Thank you to our Board of Directors. Their dedication, compassion and commitment make an impact on the lives of the people in our community. The Board is responsible for the overall health of The Neighbourhood Group Community Services and is charged with defining the goals of the organization, establishing the strategic plan and setting governance policies.


Samira Viswanathan Co-Chair


Philip Fernandez


Shannon McCauley


Sonia Yung Co-Chair


Bob Gore


Rebecca Stulberg


Marguerite Rea Vice-Chair


Jennifer Hartviksen

Sapna Thakker



Vinny Bhathal Treasurer

Josh Kleiman


## A special thank you to departing Board Members: Katherine Chau, Amana Manori and Frank Pagliarello

These dedicated Board Members have been very active volunteers, whether serving on our Advocacy, Finance, Governance and Human Resources committees, or acting as Committee Chair, Treasurer, and as members of The Neighbourhood Group Foundation or St. Stephen's Property Board of Directors.

## Volunteers

# Thank you to our dedicated volunteers! 

Last year, over 650 of our dedicated volunteers delivered more than 31,000 hours of essential support to our community!

Whether it's helping at our Corner Drop-in and Food Bank, preparing meals at Community Dinner, giving time as a Board member, delivering services virtually like community mediation, community outreach, tutoring, mentoring, income tax clinics, yoga and seniors social programs or stepping up to write letters and make phone calls to isolated seniors, our volunteers make a huge difference in the lives of vulnerable people.

## Volunteer Spotlight

## Meals on Wheels

For seniors and people who are ill or disabled, our Meals on Wheels service allows people to maintain their independence and live in their own homes. Delivered six days a week, meals accommodate people's special diets, including those with diabetes, compromised kidneys and heart disease.
"There's an absolute need for this service. The meal is crucial to seniors' independence, not only to get a nutritious meal but it also allows the seniors to see a friendly face and for us to see if they are ok."


> Midge Sandiland, Meals on Wheels volunteer driver


Kinji Yamada, Rainbow Connect volunteer

## The Neighbourhood Group Foundation

The Neighbourhood Group Foundation supports the vital work of The Neighbourhood Group Community Services to address poverty and inequity by increasing awareness, engagement and donations. Together, we helped over 40,000 people across Toronto communities in 2021-2022.

By giving through The Neighbourhood Group Foundation, you invest in innovative solutions to some of the most pressing issues facing marginalized people in our city.

In past years, the Foundation has been instrumental in implementing new approaches to some of these issues, including supporting refugee families, reaching out to isolated youth, and exploring new models of financial literacy. In 2022, the Foundation re-introduced the Bright Ideas Symposium, an event and microgrant that supports innovative ideas to improve the community with funding and support.

## Neighbourhood Link Homes

For the past 30 years, Neighbourhood Link Homes and The Neighbourhood Group Community Services have maintained a unique partnership managing affordable supportive housing. Properties are owned by Neighbourhood Link Homes, with management and support provided by The Neighbourhood Group.

Together, we manage 438 units of housing for seniors and families, including 100 units of modular supportive housing for people who are homeless. Dedicated staff and volunteers provide access to personal care, congregate dining, social and recreation programs, and daily check-ins with residents.

neighbourhood link homes

New gardens at our Norm Houghton supportive housing complex give residents the opportunity to do gardening and relax in their own backyard.


## The Neighbourhood Group Community Services

Statement of Current Operating Fund For the Year Ended March 31, 2022

|  | 2021-22 |  | 2020-21 |  |
| :---: | :---: | :---: | :---: | :---: |
| REVENUE |  |  |  |  |
| Fees |  |  |  |  |
| Fees from users | \$ | 4,820,629 | \$ | \$ 2,938,311 |
| Home and Community Care Support Services |  | 3,606,850 |  | 4,728,792 |
| City of Toronto |  | 2,608,498 |  | 2,226,429 |
| Grants |  |  |  |  |
| Province of Ontario |  | 22,075,604 |  | 19,143,228 |
| City of Toronto |  | 9,775,713 |  | 6,825,151 |
| Government of Canada |  | 9,685,169 |  | 6,306,696 |
| United Way |  | 1,502,317 |  | 1,735,240 |
| Other |  |  |  |  |
| Partner Agencies |  | 4,770,634 |  | 3,281,948 |
| Trustee funds |  | 2,447,389 |  | 1,180,198 |
| Donations and fundraising events |  | 1,176,169 |  | 1,473,873 |
| Investment |  | 153,790 |  | 208,951 |
|  |  | 62,622,762 |  | 50,048,817 |
| EXPENDITURES |  |  |  |  |
| Wages |  | 36,282,511 |  | 30,950,255 |
| Benefits |  | 7,290,406 |  | 6,121,931 |
| Program expenses |  | 6,912,623 |  | 4,006,673 |
| Occupancy costs |  | 3,492,447 |  | 2,471,857 |
| Purchased services |  | 2,318,016 |  | 1,810,280 |
| Employer wage subsidy and participant support |  | 1,656,107 |  | 864,692 |
| Food services |  | 1,315,973 |  | 806,642 |
| Office and general |  | 1,098,203 |  | 1,002,436 |
| Amortization |  | 886,532 |  | 685,103 |
| Travel |  | 397,361 |  | 352,831 |
| Promotion and publicity |  | 292,845 |  | 238,273 |
|  |  | 61,943,024 |  | 49,310,973 |
| Excess of revenue over expenditures for the year |  | 679,738 |  | 737,844 |
| Fund balance, beginning of year |  | 10,136,962 |  | 9,399,118 |
| Fund balance, end of year | \$ | 10,816,700 | \$ | 10,136,962 |



## Revenue



Expenditures
$\begin{array}{ll}84 \% & \text { Direct Program Costs } \\ 6 \% & \text { Administration } \\ 6 \% & \text { Building Costs } \\ 4 \% & \text { Purchased Services }\end{array}$

## ïTNG

Community Services

CENTRAL NEIGHBOURHOOD HOUSE NEIGHBOURHOOD LINK
ST. STEPHEN'S COMMUNITY HOUSE



United Way
Greater Toronto

## GOOD FOOD ORGANIZATION <br> 

GREATER TORONTO'S
TOP RO22
EMPLOYERS

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[^0]:    "Thanks to The Neighbourhood Group for making my final years as pleasant and secure as can be."

